

MID HIGH REPORT

OCTOBER 2025



WESTMOUNT ADMISSIONS 24-25

**MIDHIGH
ADMISSIONS
INFORMATION
NIGHT**

October 29, 2025 @ 6-7:30pm **See you there!**

- Life at Westmount MidHigh (gr 5-12)
- Mid-High admission process
- Important things to note in our admissions process
- Q & A

• Come and learn more about Westmount at the MidHigh Campus
• Intended for new students wanting to apply to Westmount grade 5-12 (not for current WCS students)

Applications for the Mid-High opened on the 15th of September and will close on January 30, 2026.

We will be having an in-person admissions information night on October 28th (for prospective students new to Westmount) For more information, please refer to our [Admissions](#) page on our Website.

COFFEE TALK

Upcoming Coffee Talks

Coffee Talk is a casual conversation with the principals, run by the School Council. It's a great chance to ask questions, get updates, and discuss what's on your mind when it comes to Westmount. Everyone is welcome to attend. We look forward to seeing you there!

Oct 17: Mid-High Campus | Online @ 9:15 am
<https://us06web.zoom.us/j/6954534724?pwd=YqZtU4HmYsTaBUbk4eGZtc2DVdf10H.1&mn=84683437450>



CLUBS

We're excited to share that once again this year, Westmount Mid High is offering a wide variety of clubs and extracurricular activities for your child to explore their interests and passions. From creative crafting to Junior Jazz club and so much more, there's something for everyone. We encourage interested Westmount students to get involved.

To join a club, simply attend the next club meeting. A list of current clubs may be found on the Schoology Student Information page

SCHOOLGY LOGIN

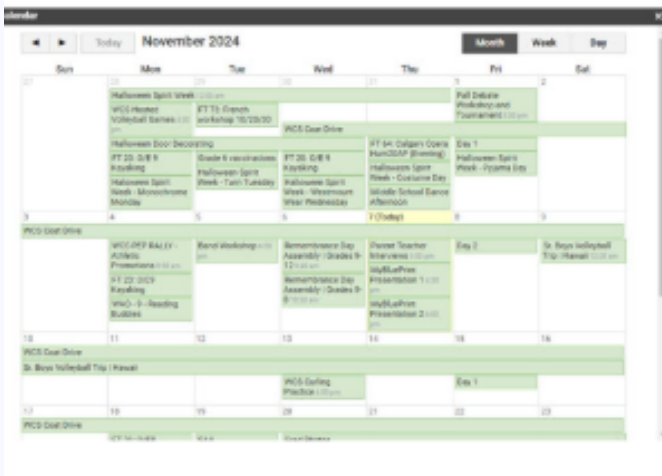
Schoology is the main format that we use to communicate upcoming events, your child's assignments and other school information. To access Schoology:

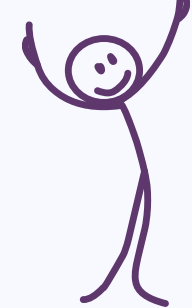
Instructions:

1. Log in to your Parent Schoology Account

2. Navigate to the Calendar Icon to the left of your name (Parent Name).

3. By clicking this Calendar, you will be able to view the contents of the Student Information Calendar.





SDS (STUDENT DIRECTED STUDIES)



SDS provides students with the opportunity to choose what they need most as learners. We recognize that students can sometimes feel overwhelmed with schoolwork and may benefit from a break or a change of pace. During SDS sessions, students can select from a variety of options such as wellness activities, knitting, walking, extra help in courses (math, writing, chemistry), or simply a quiet space to catch up on assignments.

The goal is to help students reflect on their own needs and make choices that support their learning and well-being. Our SDS programme also builds accountability. By practising this twice a week, students develop the lifelong skill of recognizing what they need to create balance in their lives—something we hope will continue long after their time at Westmount.

SDS sessions are shaped by both student requests and teacher suggestions. Since students don't always know what will benefit them most, teachers also design options to ensure a range of meaningful choices.

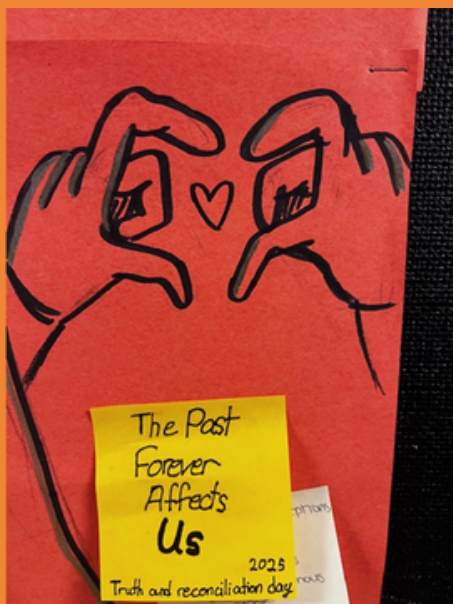
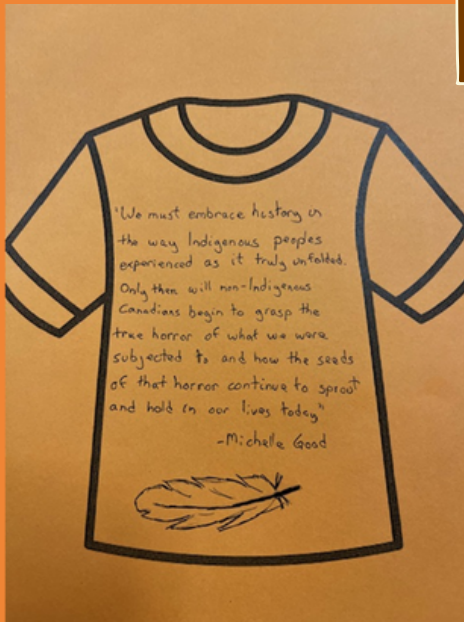
SDS (Student/Self Directed Studies) is offered every Tuesday & Thursday (D2) from 9:50 am to 10:30 am starting October 7, 2025.

Absences from SDS (and SOURCE) are marked as Block 11.

Each grade 9 through 12 student is required to sign up for an SDS session two times a week through the online Flex Session portal in PowerSchool.



National day for Truth and Reconciliation



September 30th marked the National Day for Truth and Reconciliation. In the spirit of reconciliation, many of our classes incorporated discussions regarding the truth of our shared history with the First Nations of Canada.

As part of our ongoing work regarding our Diversity, Equity and Inclusion, we know the importance of seeking understanding of different experiences, in addition to understanding the different perspectives.

The last week of September, our staff and students engaged in activities exploring 'the history of Orange Shirt Day' and 'why staff and students need to acknowledge and recognize The National Day for Truth and Reconciliation?' We chose to mark Friday, September 29th as our Orange Shirt Day at Westmount. Each community member helped create orange shirts with commitments to reconciliation. ON September 30th, staff partook in Professional development and personal learning at Heritage Park.



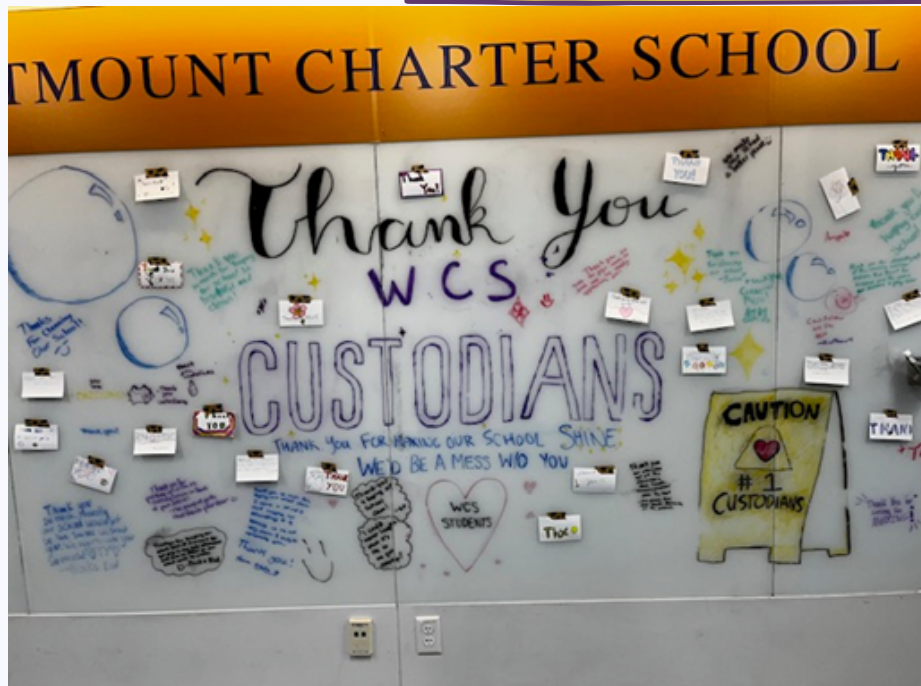
X-COUNTRY RUNNING AND VOLLEYBALL

Fall athletics are running strong (pun intended)! Our athletes have been serving up some amazing accomplishments (yes, another pun intended) and have all been outstanding ambassadors of Westmount. Their hard work, dedication, and sportsmanship continue to make us proud.



NATIONAL CUSTODIAL DAY

October 2nd marked National Custodial Day, and staff and students took the time to write messages of appreciation for all the incredible work our custodial staff do everyday.



Math 31 Using AI and Cooking?

STUDENTS WERE TASKED WITH ENGAGING IN AI - FOCUSING ON PROMPT CREATION, WHICH IS INTEGRAL TO EFFECTIVE UTILIZATION OF AI (PART OF AI LITERACY) – IN A CALCULUS SETTING.

STUDENTS WERE REQUIRED TO USE AI TO CREATE A RECIPE WHERE EACH QUANTITY OF INGREDIENT WAS TO BE GIVEN AS A LIMIT PROBLEM.



Ai prompt

Here is what i started with in chat gpt.

The reply i got had equations that were too easy or types of limits we hadn't learned. A lot of the equations were also not equivalent to the answer i needed.

i am doing a school cooking project. I need the amount for each ingredient in the recipe to be equal to a math 31 limits equation. These equations can be one sided, and need the amount for each ingredient to be equal to a limits question, these limits can be complex single sided but there should be no trigonometric equations.
Dough

½ cup unsalted butter(115 g), melted
2 cups whole milk(480 mL), warm to the touch
½ cup granulated sugar(100 g)
2 ¼ teaspoons active dry yeast
5 cups flour(625 g), divided
1 teaspoon baking powder
2 teaspoons salt
Filling

¾ cup butter(170 g), softened
¾ cup light brown sugar(165 g)
2 tablespoons ground cinnamon

Chat gpt was just not giving me what i wanted to i moved to google gemini

And basically got what i wanted first try, but i had to make some adjustments

i am doing a school cooking project. I need the amount for each ingredient in the recipe to be equal to a math 31 limits equation. All the equations should be very challenging and it should not include any trigonometric equations. Tangent line equations, series equations and one sided equations should all be included. There should be no sigma notation equations. There should be no logarithm equations and questions should be properly phrased. Dough ½ cup unsalted butter(115 g), melted 2 cups whole milk(480 mL), warm to the touch ½ cup granulated sugar(100 g) 2 ¼ teaspoons active dry yeast 5 cups flour(625 g), divided 1 teaspoon baking powder 2 teaspoons salt Filling ¾ cup butter(170 g), softened ¾ cup light brown sugar(165 g) 2 tablespoons ground cinnamon. Also half this entire recipe. please ensure all of these answers are equal to the amount

the first one is not equal to 1/4, please make this mistake is also corrected in any of the other equations

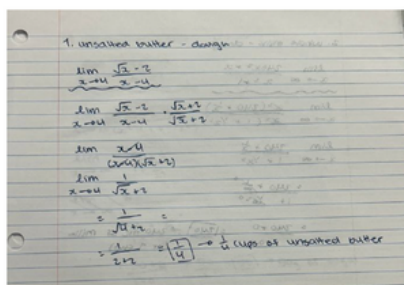
Here is the equation analysis for each ingredient

1. Unsalted butter - ¼ cup

- ¼ cup unsalted butter, melted (57.5 g)

Solve for the limit:

$$\lim_{x \rightarrow 4} \frac{\sqrt{x} - 2}{x - 4}$$

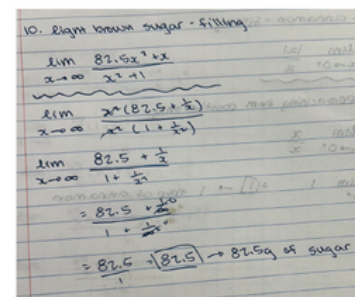


10. Brown sugar - 82.5g

- ¾ cup light brown sugar (82.5 g)

Find the limit:

$$\lim_{x \rightarrow \infty} \frac{82.5x^2 + x}{x^2 + 1}$$



Terry Fox

ON SEPTEMBER 19TH, STUDENTS AT THE MID HIGH CAMPUS PROUDLY TOOK PART IN THE ANNUAL TERRY FOX RUN. THROUGHOUT THE WEEK, THEY ENGAGED IN A VARIETY OF ACTIVITIES AND FUNDRAISING EFFORTS, RAISING AN IMPRESSIVE TOTAL OF \$6,372.65 IN SUPPORT OF CANCER RESEARCH. THE WEEK CULMINATED IN A COMMUNITY RUN/WALK ON FRIDAY, FOLLOWED BY FUN AFTERNOON ACTIVITIES THAT BROUGHT EVERYONE TOGETHER. IT WAS A WONDERFUL DAY OF SCHOOL SPIRIT, COMMUNITY, AND SUPPORT FOR A MEANINGFUL CAUSE.



Jumpingpound



OUR GRADE 6 STUDENTS ENJOYED AN AMAZING FALL FIELD TRIP TO JUMPINGPOUND CREEK, SPREAD OVER TWO DAYS. SURROUNDED BY THE VIBRANT COLOURS OF AUTUMN, STUDENTS EXPLORED ALBERTA'S TREES AND FORESTS, GAINING A DEEPER UNDERSTANDING OF THE NATURAL ENVIRONMENT THAT SHAPES OUR PROVINCE. THE TRIPS PROVIDED PLENTY OF FRESH AIR, OUTDOOR FUN, AND HANDS-ON LEARNING OPPORTUNITIES, ALLOWING STUDENTS TO SEE CLASSROOM CONCEPTS COME TO LIFE IN A MEANINGFUL WAY. BEYOND THE LESSONS, IT WAS A WONDERFUL CHANCE FOR STUDENTS TO CONNECT WITH NATURE, SPEND TIME TOGETHER, AND APPRECIATE THE BEAUTY OF THE SEASON.