

**Westmount Charter School Mid-School  
Course Handbook Grade 5  
2025-2026**

**GRADE 5 Typical Schedule**

| STUDENT SCHEDULE                            |                  |               |
|---|------------------|---------------|
| Two specialist teachers: HUM & MAS for Core |                  |               |
| grade 5                                     |                  |               |
| Term 1                                      | Day 1            | Day 2         |
| MH1   | HUM              | Science       |
| SOURCE                                      | SOURCE/Recess    | SOURCE/Recess |
| MH2   | HUM              | Math          |
| MH3   | CORE FLEX 5-1    | French        |
| MH4   | PE/Band or Music | PE/in-art     |
| Term 2                                      | Day 1            | Day 2         |
| MH1   | HUM              | Science       |
| SOURCE                                      | SOURCE/Recess    | SOURCE/Recess |
| MH2   | HUM              | Math          |
| MH3   | CORE FLEX        | Spanish       |
| MH4   | PE/Band or Music | PE/in-art     |

## Mandatory

**SOURCE:** Every student at Westmount is enrolled in a SOURCE class. The SOURCE program provides meeting times for students to connect with their peers and SOURCE teacher. In grade 5/6, students will develop IPPs and complete the Health curriculum, as well as ensuring opportunities for character development, DEI, and wellness. SOURCE stands for Sense of Self, Organization, Understanding Relationships, Creative Expression/Career Exploration.

### Mathematics

### Humanities

### Science

### Wellness (Health & PE)

**Languages:** French AND Spanish (one term of each. Taught by language teachers)

**Arts:** Integrated Art - visual and performing arts (taught by SOURCE teacher)

**Core Flex:** extra time for MAS or HUM as determined by their teacher

**Choice:** Music (NEW) **OR** Instrumental Band (**choose one** - year long)

**An email will be sent in May to choose Music 5 or Band 5.**

### **MUSIC 5:**

In Grade 5 Music, students create rhythms by combining beat, tempo, patterns, metre, and duration. They will understand melodies change when rhythms change and that chords can go with melodies. Students will recognize the sounds of many instruments. While singing, they will understand how to read parts, such as for sopranos or altos, and they will focus on phrasing and pronouncing words clearly. For more information about Grade 5 Music, refer to the [program of studies](#).

Through the music program, students will develop:

- enjoyment of music
- awareness and appreciation of a variety of music, including music of the many cultures represented in Canada
- insights into music through meaningful musical activities
- self-expression and creativity
- musical skills and knowledge

*Grade 5 Music has no additional fees associated with the program*

### **INSTRUMENTAL BAND 5:**

Grade 5 Band is the first step into our instrumental music program. The instrumental music program will provide band performance practices along with music theory, history, composition and listening components, as is outlined in the Alberta Program of Studies. Band is a full year course. Students will be provided with two head start nights (October and February), which are private lessons in small groups with professional symphony musicians. In grade 5, band students will try out and choose one of the five main instruments; flute, clarinet, trumpet, trombone and baritone. Throughout the first year, students will learn the notes from the concert B-flat major scale. In the first term, they will learn to play simple melodies on their instruments. In the second term, they will begin performing first complicated pieces composed for the beginner band. The Grade 5 beginning band provides an unique growth opportunity in music. There will be two concerts and a festival clinic that will bring the students together as a big band. Our band program provides a community experience around performances and the joy of music making.

*Please note there is a \$120 fee for band for the entire year. This course fee will include two headstart nights, imprinted WCS band shirts, music score and method book purchases, instrument repairs, and festival clinic registration, in the years that is offered. You will also need to rent an instrument which will cost between \$10 and \$17.50 per month.*