

NAME: \_\_\_\_\_

CLASS: \_\_\_\_\_



## WCS PHYSICAL EDUCATION STUDENT SELF-EVALUATION RUBRIC

	<b>1 Poor</b>	<b>2 Minimal</b>	<b>3 Acceptable</b>	<b>4 Excellent</b>	<b>5 Outstanding</b>
<b>Effort/ Participation 20%</b>	-Avoids participation -Consistently off task -Just not doing it	-Going through the motions -Only plays the ball when it comes to them	- Sometimes requires prompting -Good effort "if" teacher is watching	- Effort is consistently high -Effort is not linked to the outcome of the activity	-Maximal effort demonstrated at ALL times -High level of cooperation
	<b>1 Irresponsible</b>	<b>2 Reluctant</b>	<b>3 Involved</b>	<b>4 Self Responsibility</b>	<b>5 Caring</b>
<b>Attitude/ Leadership 20%</b>	-Makes fun of others - Frequently not changed - Arrives late - Swears, complains, argues, whines, cheats	- Needs prompting - Follows instructions inconsistently - "If I have to ..." mentality	- Arrives on time and changed -Does not disrupt - Helps with set up and take down of equipment	- Responsible for actions - Makes appropriate choices - Initiates actions	- Helps others - Genuine concern for others - Makes others look good
	<b>1 Poor</b>	<b>2 Minimal</b>	<b>3 Acceptable</b>	<b>4 Excellent</b>	<b>5 Outstanding</b>
<b>Sportsmanship/ Fair Play 20%</b>	- Concern for self only - Criticizes teammates - Uses foul language	- Displays frustration - "Bends" rules to suit own needs - Complains about others not following the rules	- Encourages teammates - Follows the rules - Plays fair most of the time - Follows the rules	- Encourages friends - Works hard regardless of winning or losing - Exhibits fair play at all times	- Cheers for good plays and players, even by opponents - Invites all others to participate - Instills fair play in others
	<b>1 Poor</b>	<b>2 Developing</b>	<b>3 Proficient</b>	<b>4 Excellent</b>	<b>5 Outstanding</b>
<b>Skill 20%</b>	- Skills are inadequate with little or no skill development or improvement - Inability to demonstrate knowledge/understanding of key concepts	- Challenged in performing basic skills and strategies - Inconsistent performance and effectiveness	- Shows definite skill development - Demonstrates basic skills with relative ease -Consistent in performance and effectiveness	- Skill development is refined in most areas - Meeting challenges of higher level skills - High level of understanding of concepts	- Level of mastery achieved in skill development - Exceptional understanding of skills and strategy

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Module	Effort/ Participation 20%	Attitude/ Leadership 20%	Sportsmanship/ Fair Play 20%	Skill 20%	Day Marks 20%	Total 100%	Teacher Approval
1.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
2.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
3.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
4.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
5.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
6.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
7.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
8.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
9.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
10.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
11.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
12.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
13.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
14.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			
15.	__ x 4 = __	__ x 4 = __	__ x 4 = __	__ x 4 = __			