

## **Student and Parent Workshop ...**

### **Study Skills and Exam Prep for Junior and Senior High School: Student and Parent Workshop**

**Final exams** are coming up quickly and they often make the **end of the school year** a time of increased **stress** and **anxiety**. This workshop will introduce a variety of **key study strategies** to help participants to **prepare for their final exams** more effectively.

Topics to be addressed will include:

- **managing time**
- **creating a study plan**
- **engaging in active studying**
- **memory strategies**
- **test-taking skills**

Participants will have the opportunity to **practice strategies**.

**May 4, 2011**  
**6.30 - 8.00 pm**

**Calgary Learning Centre**  
**3930 20 Street SW**

**\$40 for student and parent**  
**\$20 per additional student and per additional parent**

Financial assistance may be available through generous community donations.

For more **information** and **to register**, please contact the CanLearn Centre/Calgary Learning Centre at **403 686 9300**, toll free **1 877 686 9300** or [\*\*info@calgarylearningcentre.com\*\*](mailto:info@calgarylearningcentre.com)

Save time, register online! [\*\*www.calgarylearningcentre.com\*\*](http://www.calgarylearningcentre.com)

Thank you again for all your help in the promotion of these workshops, if you should have any questions please do not hesitate to contact me.

Best wishes,

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