

Dear Parents,

This book list represents books which some of the staff and parents of Westmount would recommend. This is a starter list and we will add to it as we do more Intermingle sessions. Some of these titles can be found at the Calgary Public Library. We have also given the Chapters' links for convenience, as most (but not all) of these books will not be found in a store. You will probably need to order them online – you can also order from the publishers (i.e. Prufrock Press and Free Spirit), or other sites. We hope these books can offer you some support.

The Intermingle Team - May 2011

Suggested Reading for Westmount Parents

Parenting Gifted Children

<http://www.chapters.indigo.ca/books/Parenting-Gifted-Children-Authoritative-Guide-Treffinger-Inman-Jolly/9781593634308-item.html?ikwid=parenting+gifted+children&ikwsec=Home>

Edited by Jennifer L. Jolly, Donald J. Treffinger, Tracy Ford Inman and Joan Franklin Smutny
Prufrock Press 2011

The Social and Emotional Lives of Gifted Kids: Understanding and Guiding Their Development

<http://www.chapters.indigo.ca/books/Social-Emotional-Lives-Gifted-Kids-Tracy-L-Cross/9781593631574-item.html?ikwid=the+social+and+emotional+lives+of+gifted+kids&ikwsec=Books>

Tracy L. Cross
Prufrock Press 2005

The Essential Guide to Talking with Gifted Teens

<http://www.chapters.indigo.ca/books/search/?keywords=the%20essential%20guide%20to%20talking%20with%20gifted%20teens&pageSize=12>

Jean Sunde Peterson
Free Spirit 2008

Coping for Capable Kids Updated Edition: Strategies for Parents, Teachers and Students

<http://www.chapters.indigo.ca/books/Coping-Capable-Kids-Updated-Edition-LeoNora-M-Cohen-Erica-Frydenberg/9781593632038-item.html?ikwid=coping+for+capable+kids&ikwsec=Home>

LeoNora M. Cohen and Erica Frydenberg
Prufrock Press 2007

Some of my best friends are books: Guiding Gifted Readers, 3rd Edition

<http://www.chapters.indigo.ca/books/Some-My-Best-Friends-Books-Judith-WYNN-Halsted/9780910707510-item.html?ikwid=some+of+my+best+friends+are+books&ikwsec=Books>

(this link is for an older edition)

Judith Wynn Halsted
Great Potential Press 2009

Nurturing the Gifted Female: A guide for educators and parents

<http://www.chapters.indigo.ca/books/Nurturing-The-Gifted-Female-Joy-Navan/9781412961370-item.html?ikwid=nurturing+the+gifted+female&ikwsec=Books>

Joy L. Navan - Corwin Press (Sage) 2009

More for teachers but also helpful to parents From *The Practical Strategies Series in Gifted Education* (all books in series are great).

Motivating Gifted Students

<http://www.chapters.indigo.ca/books/Motivating-Gifted-Students-Siegle-Karnes-Stephens/9781593630157-item.html?ikwid=motivating+gifted+students&ikwsec=Home>

Del Siegle and D. Betsy McCoach

Prufrock Press 2005

Social and Emotional Teaching Strategies

<http://www.chapters.indigo.ca/books/Social-38-Emotional-Teaching-Strategies-Karnes-Stephens-Ferguson/9781593630218-item.html?ikwid=social+and+emotional+teaching+strategies&ikwsec=Books>

Stephanie K. Ferguson

Prufrock Press 2005

Independent Study for Gifted Learners

<http://www.chapters.indigo.ca/books/Independent-Study-for-Gifted-Learners-Karnes-Stephens-Johnsen/9781593630164-item.html?ikwid=independent+study+for+gifted+learners&ikwsec=Books>

Susan K. Johnson and Krystal Goree

Prufrock Press 2005

Developing Mentorship Programs for Gifted Students

<http://www.chapters.indigo.ca/books/Developing-Mentorship-Programs-Gifted-Students-Siegle-Karnes-Stephens/9781593631727-item.html?ikwid=developing+mentorship+prgrams+for+gifted+students&ikwsec=Books>

Del Siegle

Prufrock Press 2005

Anxiety Free Kids: An interactive guide for parents and Children

<http://www.chapters.indigo.ca/books/Anxiety-Free-Kids-Interactive-Guide-Bonnie-Zucker/9781593633431-item.html?ikwid=anxiety+free+kids&ikwsec=Books>

Bonnie Zucker

Prufrock Press 2009

"Mellow Out" They Say, If Only I Could: Intensities and Sensitivities of the Young and Bright

<http://www.chapters.indigo.ca/usedbooks/Mellow-Out-They-Say-If-Michael-M-Piechowski/grp11010184-rare.html?ikwid=mellow+out&ikwsec=Books>

Michael M Piechowski

Yunasa Books 2006

General Parenting

Hold on to your kids: why parent need to matter more than peers (updated)

http://www.chapters.indigo.ca/books/Hold-On-To-Your-Kids-Why-Parents-Need-To-Matter-More-Than-Peers/9780375760280-item.html?ref=item_page:richrel

Gordon Neufeld and Gabor Mate

2004

Raising Happiness

<http://www.chapters.indigo.ca/usedbooks/Raising-Happiness-Simple-Steps-More-Christine-Carter/grp11871751-0345515625-rare.html?ikwid=raising+happiness&ikwsec=Used+Books>

Christine Carter

Ballantine Books 2010

From Alberta Education

The Journey: A Handbook for Parents of Children Who are Gifted and Talented 2004

You can download this handbook for free at

<http://education.alberta.ca/admin/special/resources/journey.aspx>

This handbook offers information and strategies that parents can use to nurture their child's learning and emotional well-being at home, in school, and in the community. The department collaborated with the Alberta Associations for Bright Children in the development of this handbook for parents of children who are gifted and talented. An excellent primer for the parent "new" to the gifted experience.

Teaching Students Who Are Gifted and Talented (AB Learning #7)

<http://www.lrc.education.gov.ab.ca/pro/resources/item.htm?item-no=415283>

Programming for Student with Special Needs Series

This is a teacher/school resource but can be helpful to parents – it can be borrowed from the school.

For Children and Teens (and their parents)

The Gifted Kids' Survival Guide: A Teen Handbook

http://www.chapters.indigo.ca/books/The-Gifted-Kids-Survival-Guide-A-Teen-Handbook/9781575420035-item.html?ref=item_page:richrel

Judy Gailbraith and Jim Delisle

Free Spirit Pub 1999

The Gifted Kids Survival Guide: 3rd Edition

http://www.chapters.indigo.ca/books/The-Gifted-Kids-Survival-Guide-3rd-Edition/9781575423227-item.html?ref=item_page:richrel

Judy Gailbraith

Free Spirit Pub 2009

Coping for Capable Kids Updated Edition: Strategies for Parents, Teachers and Students

<http://www.chapters.indigo.ca/books/Coping-Capable-Kids-Updated-Edition-LeoNora-M-Cohen-Erica-Frydenberg/9781593632038-item.html?ikwid=coping+for+capable+kids&ikwsec=Home>

LeoNora M. Cohen and Erica Frydenberg

Prufrock Press 2007

For young students (a great series with lots of other titles)

What to do when you're scared and worried: A guide for kids

<http://www.chapters.indigo.ca/books/What-Do-When-Youre-Scared-James-Crist/9781575421537-item.html?ikwid=what+to+do+when+you%27re+scared+and+worried&ikwsec=Books>

James J. Crist
Free Spirit 2004

What to do when good enough isn't good enough: The real deal on perfectionism
<http://www.chapters.indigo.ca/books/search/?keywords=what%20to%20do%20when%20good%20enough&pageSize=12>

Thomas S. Greenspon
Free Spirit 2006

What to do when you're sad and lonely: A guide for kids
<http://www.chapters.indigo.ca/books/search/?keywords=what%20to%20do%20when%20you're%20sad%20and%20lonely&pageSize=12>

James J. Crist
Free Spirit 2006

Be the boss of your stress: Self care for kids
<http://www.chapters.indigo.ca/books/Be-Boss-Your-Stress-Timothy-Culbert-Rebecca-Kajander/9781575422565-item.html?ikwid=be+the+boss+of+your+stress&ikwsec=Books>

Timothy Culbert and Rebecca Kajander
Free Spirit 2007

For younger to early mid-school (another great series with more titles)

Get Organized Without Losing It
<http://www.chapters.indigo.ca/books/Get-Organized-Without-Losing-It-Janet-Fox/9781575421933-item.html?ikwid=janet+s+fox&ikwsec=Books>

Janet S. Fox
Free Spirit 2006

See You Later, Procrastinator: Get it done
<http://www.chapters.indigo.ca/books/See-You-Later-Procrastinator-Get-Pamela-Espeland-Elizabeth-Verdick/9781575422787-item.html?ikwid=pamela+espeland&ikwsec=Books>

Pamela Espeland and Elizabeth Verdick
Free Spirit 2008